

# CPR IN THE CONTEXT OF A WILDFIRE



**CITIZEN ENGAGEMENT**



**SILVANUS**

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# IMPORTANT INFORMATION!

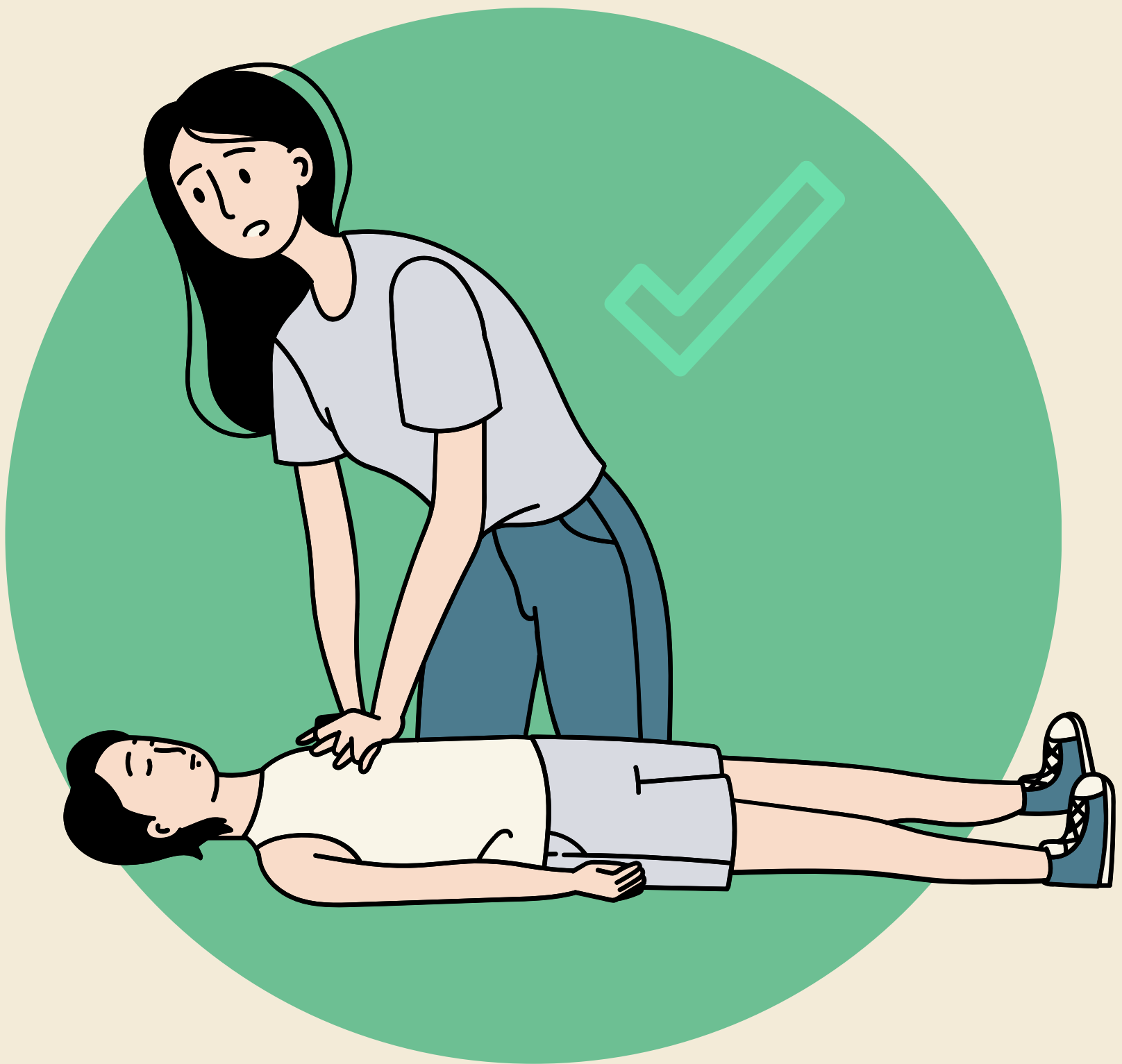


This course is designed for the public **to raise awareness** about wildfire prevention, response, and recovery. It also covers important topics such as forest ecosystems and biodiversity. However, **completing this course does not qualify you for firefighting or first aid, such as CPR.** Engaging in such activities requires certified training by qualified experts, such as those from fire department services. Always **follow official guidelines** and seek professional instruction for emergency response skills.



# ENSURE SAFETY

Before starting CPR, ensure that the area is safe from fire and smoke. Your safety is a priority.



# CHECK RESPONSIVENESS

Shake and shout to check if the person is responsive. If there's no response, call for emergency help immediately if possible.



# PERFORM CPR

## Airway

Tilt the victim's head back and lift the chin to open the airway.



# Breathing

Check for breathing; if there isn't any, start CPR immediately.



# Compressions

Place the heel of your hand on the center of the person's chest. Place your other hand on top, interlocking your fingers. Keep your arms straight and your shoulders directly over your hands. Compress the chest at least 2 inches deep at a rate of 100 to 120 compressions per minute.



# Breaths (if trained)

After every 30 compressions, give 2 rescue breaths by pinching the nose shut, covering the person's mouth with yours, and blowing to make the chest rise.



# DEFIBRILLATOR (IF AVAILABLE)

Apply an automated external defibrillator (AED) if one is available and you are trained to use it. Follow the spoken directions provided by the AED.

